

# Northwest High School Lunch

September  
2023

Fresh Fruits and Vegetables served daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p><b>1</b></p> <p>Crispy Chicken Sandwich Pepperoni Pizza Buffalo Chicken Wrap</p> <p>Kettle Potato Chips Romaine Lettuce Fruit 1% Unflavored Milk</p>
			This is for Food 4 Thought	
<b>4</b>	<p><b>5</b></p> <p>Cheeseburger on a Bun BBQ Chicken Pizza Turkey BLT Wrap</p> <p>Potato Wedges Coleslaw Fruit 1% Unflavored Milk</p>	<p><b>6</b></p> <p>Grilled Ham &amp; Cheese Sandwich Tomato Soup Pepperoni Pizza Crispy Chicken Salad</p> <p>Baby Carrots Cucumber Ranch Salad Fruit 1% Unflavored Milk</p>	<p><b>7</b></p> <p>Pasta with Meat Sauce Whole Grain Dinner Roll Cheese Pizza Turkey BLT Wrap</p> <p>Romaine Lettuce Cherry Tomato Fruit 1% Unflavored Milk</p>	<p><b>8</b></p> <p>French Toast Sticks Sausage Patty Strawberry Topping Pepperoni Pizza Crispy Chicken Salad</p> <p>Breakfast Potatoes Baby Carrots Fruit 1% Unflavored Milk</p>
<p><b>11</b></p> <p>Chicken Bacon Ranch Melt Pepperoni Pizza Chef Salad</p> <p>Roasted Broccoli Red/Orange Bell Pepper Fruit 1% Unflavored Milk</p>	<p><b>12</b></p> <p>Hot Dog w Sauce Sausage Pizza Chef Salad</p> <p>Tater Tots Baked Beans Canned Fruit 1% Unflavored Milk</p>	<p><b>13</b></p> <p>Meatloaf Whole Grain Dinner Roll Pepperoni Pizza Chef Salad</p> <p>Mashed Potatoes Gravy Steamed Corn Fruit 1% Unflavored Milk</p>	<p><b>14</b></p> <p>Spicy Chicken Patty on Bun Cheese Pizza Chef Salad</p> <p>Golden French Fries Romaine Lettuce Fruit 1% Unflavored Milk</p>	<p><b>15</b></p> <p>Fish Sandwich with Cheese Pepperoni Pizza Chef Salad</p> <p>Macaroni &amp; Cheese Coleslaw Fruit 1% Unflavored Milk</p>
<p><b>18</b></p> <p>Corn Dog Pepperoni Pizza Honey Mustard Ham Wrap</p> <p>Broccoli Florets Baby Carrots Fruit 1% Unflavored Milk</p>	<p><b>19</b></p> <p>Cheeseburger on a Bun BBQ Chicken Pizza Honey Mustard Ham Wrap</p> <p>Potato Wedges Baked Beans Fruit 1% Unflavored Milk</p>	<p><b>20</b></p> <p>Turkey Piëgga LTO Pepperoni Pizza Honey Mustard Ham Wrap</p> <p>Kettle Potato Chips Baby Carrots Fruit 1% Unflavored Milk</p>	<p><b>21</b></p> <p>Southern Chicken Biscuit Sausage Pizza Buffalo Chicken Wrap</p> <p>Broccoli Florets Potato Wedges Fruit 1% Unflavored Milk</p>	<p><b>22</b></p> <p>Beef Chili Peanut Butter Sandwich Cheese Pizza Honey Mustard Ham Wrap</p> <p>Romaine Lettuce Cherry Tomato Fruit 1% Unflavored Milk</p>
<p><b>25</b></p> <p>Philly Flatbread Cheese Pizza Southwest Chicken Salad</p> <p>Cucumber Ranch Salad Red/Orange Bell Pepper Fruit 1% Unflavored Milk</p>	<p><b>26</b></p> <p>Homemade WG Pancakes Scrambled Egg BBQ Chicken Pizza Southwest Chicken Salad</p> <p>Breakfast Potatoes Baby Carrots Fruit 1% Unflavored Milk</p>	<p><b>27</b></p> <p>Orange Chicken Pepperoni Pizza Buffalo Chicken Wrap</p> <p>White Rice Cucumber Slices Fruit 1% Unflavored Milk</p>	<p><b>28</b></p> <p>Spicy Chicken Patty on Bun Sausage Pizza Southwest Chicken Salad</p> <p>Golden French Fries Romaine Lettuce Fruit 1% Unflavored Milk</p>	<p><b>29</b></p> <p>Hamburger on a Bun Cheese Pizza Crispy Chicken Wrap</p> <p>Kettle Potato Chips Cucumber Ranch Salad Fruit 1% Unflavored Milk</p>

**PRICES**

Regular Lunch	\$3.00
Reduced Lunch	\$.40
Extra Entree	\$1.50
Adult Lunch	\$4.00

**EXTRA INFO**

For Questions or Concerns please contact  
Cory Freeman at 740-259-2528 ext 2109 or  
cory.freeman@nwmohawks.org

**HARVEST OF**



**THE MONTH**



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