



Northwest Elementary Lunch

September
2023

Fresh Fruits and Vegetables served daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1</p> <p>Chicken Taquito Salsa</p> <p>Crispy Chicken Wrap</p> <p>Black Beans Cherry Tomato Fruit Milk Choice</p>
<p>4</p>	<p>5</p> <p>Beef Hot Dog on a Bun</p> <p>Turkey BLT Wrap</p> <p>Baked Beans Cherry Tomato Fruit Milk Choice</p>	<p>6</p> <p>Walking Taco Salsa Turkey BLT Wrap</p> <p>Refried Beans Cherry Tomato Fruit Milk Choice</p>	<p>7</p> <p>Ravioli with Meat Sauce Whole Grain Dinner Roll Turkey BLT Wrap</p> <p>Roasted Broccoli Cherry Tomato Applesauce Milk Choice</p>	<p>8</p> <p>French Toast Sticks Sausage Patty Turkey BLT Wrap Hashbrown Baby Carrots</p> <p>Fruit Milk Choice</p>
<p>11</p> <p>Grilled Ham & Cheese Sandwich Ham and Cheese Flatbread Munchable</p> <p>Roasted Broccoli Baby Carrots Banana Milk Choice</p>	<p>12</p> <p>Crispy Chicken Sandwich Ham and Cheese Flatbread Munchable</p> <p>Kettle Potato Chips Baby Carrots Fruit Milk Choice</p>	<p>13</p> <p>Meatloaf Whole Grain Dinner Roll Ham and Cheese Flatbread Munchable</p> <p>Mashed Potatoes Gravy Baby Carrots Fruit Milk Choice</p>	<p>14</p> <p>Chicken Potstickers Chicken Fried Rice Ham and Cheese Flatbread Munchable</p> <p>Kung Fu Carrots Steamed Peas Applesauce Milk Choice</p>	<p>15</p> <p>Cheese Pizza</p> <p>Ham and Cheese Flatbread Munchable</p> <p>California Blend Vegetable Baby Carrots Fruit Milk Choice</p>
<p>18</p> <p>Macaroni & Cheese Whole Grain Dinner Roll Honey Mustard Ham Wrap</p> <p>Steamed Peas Broccoli Florets Fruit Milk Choice</p>	<p>19</p> <p>Beefy Nachos w/Cheese Sauce</p> <p>Salsa Honey Mustard Ham Wrap</p> <p>Refried Beans Broccoli Florets Fruit 1% Unflavored Milk</p>	<p>20</p> <p>Cheeseburger on a Bun</p> <p>Honey Mustard Ham Wrap</p> <p>Golden French Fries Red Peppers Fruit Milk Choice</p>	<p>21</p> <p>Popcorn Chicken Whole Grain Dinner Roll Honey Mustard Ham Wrap</p> <p>Mashed Potatoes Gravy Steamed Corn Applesauce Milk Choice</p>	<p>22</p> <p>Grilled Cheese Sandwich Tomato Soup Honey Mustard Ham Wrap</p> <p>Steamed Green Beans Broccoli Florets Fresh Pear Milk Choice</p>
<p>25</p> <p>Cheese Bosco Stick Marinara Sauce Turkey Munchable</p> <p>Steamed Corn Red/Orange Bell Pepper Fruit Milk Choice</p>	<p>26</p> <p>Pancakes Cheese Omelet Turkey Munchable</p> <p>Potato Wedges Red/Orange Bell Pepper Fruit Milk Choice</p>	<p>27</p> <p>Orange Chicken Brown Rice Turkey Munchable</p> <p>Steamed Carrots Red/Orange Bell Pepper Fruit Milk Choice</p>	<p>28</p> <p>Corn Dog Turkey Munchable</p> <p>Steamed Carrots Red/Orange Bell Pepper</p> <p>Applesauce Fruit 1% Unflavored Milk</p>	<p>29</p> <p>Lasagna Garlic Toast Turkey Munchable</p> <p>Romaine Lettuce Red/Orange Bell Pepper Fruit Milk Choice</p>

PRICES

Regular Lunch	Free
Extra Entree	\$1.50
Adult Lunch	\$4.00

EXTRA INFO

For Questions or Concerns please contact
Cory Freeman at 740-259-2528 ext 2109 or
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HARVEST OF THE MONTH

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