

Northwest Local Middle School Lunch

September
2024

Fresh Fruits and Vegetables Served Daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>	<p>3</p> <p>Choice of Nachos or Tacos Chicken Fajitas</p> <p>Salsa Roasted Corn Lettuce, Tomato and Cheese Fresh Fruit Milk Choice</p>	<p>4</p> <p>Biscuits & Gravy Sausage Patty Scrambled Egg Hashbrown Crispy Chicken Salad</p> <p>Cherry Tomato Fresh Fruit Milk Choice</p>	<p>5</p> <p>Cheeseburger on a Bun Turkey BLT Wrap</p> <p>Lettuce and Tomato Roasted Broccoli French Fries Fresh Fruit Milk Choice</p>	<p>6</p> <p>Pepperoni Pizza Turkey BLT Wrap</p> <p>Glazed Carrots Cherry Tomato Fresh Fruit Milk Choice</p>
<p>9</p> <p>Grilled Ham & Cheese Sandwich Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Mashed Potatoes Baby Carrots Fresh Fruit Milk Choice</p>	<p>10</p> <p>Choice of Nachos or Tacos Chicken Fajitas</p> <p>Black Beans Salsa Baby Carrots Fresh Fruit Milk Choice</p>	<p>11</p> <p>Meatloaf Whole Grain Dinner Roll Ham and Cheese Flatbread Munchable</p> <p>Mashed Potatoes Gravy Baby Carrots Fresh Fruit Milk Choice</p>	<p>12</p> <p>Cheeseburger on a Bun Crispy Chicken Sandwich</p> <p>French Fries Baby Carrots Fresh Fruit Milk Choice</p>	<p>13</p> <p>Pepperoni Pizza Ham and Cheese Flatbread Munchable</p> <p>Romaine Lettuce Baby Carrots Fresh Fruit Milk Choice</p>
<p>16</p> <p>Macaroni & Cheese Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Potato Wedges Broccoli Florets Fresh Fruit Milk Choice</p>	<p>17</p> <p>Beef Burrito Salsa Choice of Nachos or Tacos</p> <p>Black Beans Broccoli Florets Fresh Fruit Lettuce, Tomato and Cheese Milk Choice</p>	<p>18</p> <p>Grilled Cheese Sandwich Beef Chili Honey Mustard Ham Wrap</p> <p>Steamed Carrots Broccoli Florets Fresh Fruit Milk Choice</p>	<p>19</p> <p>Popcorn Chicken Bowl Dinner Roll Craving Chicken Salad</p> <p>Mashed Potatoes Roasted Corn Fresh Fruit Milk Choice</p>	<p>20</p> <p>Cheese Bosco Stick Pepperoni Pizza</p> <p>Steamed Green Beans Broccoli Florets Fresh Fruit Milk Choice</p>
<p>23</p> <p>Crispy Chicken Nuggets Whole Grain Dinner Roll Southwest Chicken Salad</p> <p>Mashed Potatoes Red/Orange Bell Pepper Fresh Fruit Milk Choice</p>	<p>24</p> <p>Choice of Nachos or Tacos Chicken Fajitas</p> <p>Tortilla Chips Salsa Red/Orange Bell Pepper Fresh Fruit Milk Choice</p>	<p>25</p> <p>Crispy Chicken Sandwich Southwest Chicken Salad</p> <p>Potato Wedges Red/Orange Bell Pepper Fresh Fruit Milk Choice</p>	<p>26</p> <p>Corn Dog Cheeseburger on a Bun</p> <p>Baked Beans, Vegetarian Red/Orange Bell Pepper Fresh Fruit Milk Choice</p>	<p>27</p> <p>Buffalo Chicken Tot Bake Dinner Roll Pepperoni Pizza</p> <p>Roasted Broccoli Red/Orange Bell Pepper Fresh Fruit Milk Choice</p>
<p>30</p> <p>Hamburger on a Bun Crispy Chicken Sandwich</p> <p>French Fries Lettuce and Tomato Pickle Slice Fresh Fruit 1% Unflavored Milk</p>	<p>1</p>			

PRICES

Regular Lunch	Free
Extra Entrée	\$1.50
Adult Lunch	\$4.00

EXTRA INFO

For Questions and Concerns contact Cory Freeman at 740-259-2528 ext 2103 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH

Menus and nutrition
our app
TaHer Food4Life®



www.taHer.com