

Northwest Middle School Lunch

September
2021

Fresh Fruits and Vegetables served daily !

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Hamburger on a Bun Crispy Chicken Sandwich Baked Beans Romaine Lettuce Fruit 1% Milk	2 Crispy Chicken Nuggets Crispy Chicken Salad Mashed Potatoes Gravy Steamed Peas Fruit 1% Milk	3 Cheese Bread Yogurt Pak with Pretzel Bites Romaine Mix Salad Red Peppers Fruit 1% Milk
6 No School This is for Food 4 Thought	7 Meatloaf Baked Ham Mashed Potatoes Gravy Green Beans Whole Grain Dinner Roll Fruit 1% Milk	8 Crispy Chicken Sandwich Chef Salad Golden French Fries White Beans Fruit 1% Milk	9 Sausage Biscuit Hot Turkey Sandwich Hash brown Tomato Slices Fruit Choice 1% Milk	10 Chicken & Cheese Quesadilla Chicken Fajitas Black Beans Salsa Romaine Lettuce Fruit 1% Milk
13 Fish Sandwich with Cheese Macaroni & Cheese Green Beans Coleslaw Fruit 1% Milk	14 Crispy Chicken Wrap Munchable Italian Sub Romaine Mix Salad Red Peppers Fruit Choice 1% Milk	15 Pork Patty Chef Salad Whole Grain Dinner Roll Mashed Potatoes Steamed Peas Applesauce 1% Milk	16 Sloppy Joe on a Bun Chili Dog Golden French Fries Baked Beans Coleslaw Fruit 1% Milk	17 Cheese Pizza PB&J Munchable Baby Carrots Broccoli Florets Fruit Choice 1% Milk
20 Corn Dog Crispy Chicken Tenders Baked Beans Potato Wedges Warm Cinnamon Apples 1% Milk	21 Grilled Teriyaki Chicken Fortune Cookie Buffalo Chicken Salad Fried Rice Stir Fry Vegetable 1% Milk	22 Hamburger on a Bun Hamburger fixings PB & J Sandwich Golden French Fries Romaine Mix Salad Fruit 1% Milk	23 Chicken and Waffles Hot Ham & Cheese Tater Tots Tomato & Cucumber Salad Fruit 1% Milk	24 Cheese Pizza Turkey Ranch Wrap Romaine Mix Salad Red Peppers Fruit 1% Milk
27 Walking Taco Chicken Fajitas Refried Beans Romaine Mix Salad Fruit Choice 1% Milk	28 Meatballs and Gravy Popcorn Chicken Mashed Potatoes Green Beans Sweet Potatoes Fruit 1% Milk	29 Pizza Bake Garlic Breadstick Crispy Chicken Salad Romaine Mix Salad Cucumber Ranch Salad Fruit 1% Milk	30 Crispy Chicken Nuggets Chicken Bacon Ranch Pizza Golden French Fries Baby Carrots Fruit 1% Milk	1

INFORMATION

Regular	Free
Reduced	Free
Extra Entree	\$1.50
Adult Entrée	\$3.65

EXTRA INFO

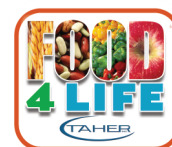
For questions or concerns please contact Cory Freeman at 740-259-2528 ext 2109 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH

All the menu information on our app Taher Food4Life®



www.taher.com

Menus are subject to change without notice.