



Northwest Elementary Lunch

September
2021

Fresh Fruits and Vegetables served daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This is for Food 4 Thought		1 Meatloaf Whole Grain Dinner Roll Mashed Potatoes Gravy Cherry Tomato Fruit 1% Milk	2 Crispy Chicken Sandwich Green Beans Baby Spinach Fruit 1% Milk	3 Honey Mustard Ham Wrap Romaine Mix Salad Glazed Carrots Fruit 1% Milk
	6 No School	7 Corn Dog Potato Wedges Red Peppers Fruit 1% Milk	8 Taco Pizza Refried Beans Romaine Lettuce Fruit 1% Milk	9 Rib Sandwich Coleslaw Broccoli Florets Fruit 1% Milk
13 French Bread Pizza Romaine Mix Salad Steamed Corn Fruit 1% Milk	14 Crispy Chicken Fried Rice Broccoli Florets Fortune Cookie Roasted Broccoli Fruit Other Vegetable	15 Beef Hotdog on a Bun Glazed Carrots Kettle Potato Chips Fruit Cold Sandwich/Wrap	16 Sloppy Joe on a Bun Smiley Fries Baked Beans Fruit 1% Milk	17 Sea Shaped Fish Nuggets Whole Grain Dinner Roll Green Beans Romaine Mix Salad Fruit 1% Milk
20 Chicken and Waffles Hash Browns Baby Spinach Fruit 1% Milk	21 Chicken Bacon Ranch Melt Cucumber Ranch Salad Roasted Cauliflower Fruit 1% Milk	22 Bologna Sandwich Kettle Potato Chips Baby Carrots Fruit 1% Milk	23 Ravioli with Meat Sauce Mozzarella Cheese Stick w Marinara Romaine Mix Salad Fruit 1% Milk	24 Pizza Stix Marinara Sauce Baby Spinach Steamed Corn Fruit 1% Milk
27 Chicken Nachos & Canned Cheese Sauce Celery Sticks Baby Carrots Fruit 1% Milk	28 Soft Beef Tacos Black Beans Romaine Lettuce Fruit 1% Milk	29 Salisbury Steak Mashed Potatoes Peas & Carrots Fruit 1% Milk	30 Chicken & Cheese Quesadilla Caesar Side Salad Steamed Corn Fruit 1% Milk	1

PRICES

Regular	Free
Reduced	Free
Extra Entrée	\$1.50
Adult Lunch	\$3.65

EXTRA INFO

For questions or concerns please contact Cory Freeman at (740) 259-2528 ext 2109 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
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