

Northwest High School Lunch Menu

Fresh Fruits and Vegetables Served Daily!

October
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	This is for Food 4 Thought			1 Mohawk Bowl Cheese or Pepperoni Turkey Ranch Wrap Steamed Corn Mashed Potatoes Gravy
4 Soft Beef Tacos Chicken Bacon Ranch Pizza Crispy Chicken Salad Refried Beans Romaine Mix Salad Cherry Tomato	5 Cheesy Ham Melt Hawaiian Pizza Grilled Chicken Salad Roasted Broccoli Celery Sticks Fruit	6 Easy Egg Bake Mini Pancakes Breakfast Pizza Ham Wrap Munchable Breakfast Potatoes Fruit	7 Sloppy Joe on a Bun Buffalo Chicken Pizza Macaroni & Cheese Baby Carrots Romaine Mix Salad Fruit	8 No School
11 Turkey BLT Wrap Pepperoni Pizza Grilled Chicken Salad Kettle Potato Chips California Blend Vegetable Fruit	12 Crispy Chicken Nuggets Pepperoni Pizza Turkey Wrap Munchable Steamed Corn Green Beans Fruit 1% Milk	13 Cheeseburger on Bun Chicken Bacon Ranch Pizza Crispy Chicken Salad Golden French Fries Baby Carrots Fruit	14 Turkey BLT Wrap Pepperoni Pizza Chef Salad California Blend Vegetable Kettle Potato Chips Fruit	15 Italian Sub Cheese Bosco Stick Chef Salad Celery Sticks Red Peppers Fruit
18 Beef Burrito Cheese Pizza Ham Wrap Munchable Tortilla Chips Salsa Refried Beans	19 Chicken Alfredo w/Pasta Garlic Breadstick Buffalo Chicken Pizza Crispy Chicken Salad Baby Spinach Garlic Parmesan Roasted	20 Cheesy Ham Melt Chicken Alfredo Pizza Turkey Wrap Munchable Green Beans Baby Carrots Fruit	21 BBQ Pulled Pork Sandwich Chicken Bacon Ranch Pizza Grilled Chicken Salad Kettle Potato Chips Coleslaw Fruit	22 Hot Dog w/ Sauce Cheese Bosco Stick Crispy Chicken Salad Baked Beans Celery Sticks Fruit
25 Chicken & Cheese Quesadilla Pepperoni Pizza Crispy Chicken Salad Black Beans Lettuce, Tomato and Cheese Fruit	26 Chicken Bites with Sweet and Sour Sauce Buffalo Chicken Pizza Grilled Chicken Salad Glazed Carrots Celery Sticks	27 Dia de Los Muertos Bean Burrito Taco Pizza Ham Wrap Munchable Lettuce, Tomato and Cheese Cucumber Ranch Salad Fruit	28 Chicken Tortilla Soup Chicken Bacon Ranch Pizza Turkey Wrap Munchable Mexican Brown Rice Baby Spinach Fruit	29 Enchilada Bake Pepperoni Pizza Chef Salad Romaine Mix Salad Cucumber Slices Fruit

INFORMATION

Regular Free
 Extra Entree \$1.50
 Adult Lunch \$3.65

EXTRA INFO

For questions or concerns please contact Cory Freeman at 740-259-2528 ext 2109 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH

All the menu information on our app **Taher Food4Life®**



www.taher.com

Menus are subject to change without notice.