



Northwest Local Lunch Menu

October
2024

Fresh Fruits and Vegetables Served Daily!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p>	<p>1</p> <p>Cheese Bosco Stick Crispy Chicken Wrap</p> <p>Romaine Lettuce Roasted Corn Fresh Fruit Choice of Milk</p>	<p>2</p> <p>Lasagna Rollup with Sauce Garlic Toast Crispy Chicken Wrap</p> <p>Roasted Cauliflower Red Peppers Fresh Fruit Choice of Milk</p>	<p>3</p> <p>Beefy Nachos w/Cheese Sauce Crispy Chicken Wrap</p> <p>Black Beans Cherry Tomato Fresh Fruit Choice of Milk</p>	<p>4</p> <p>Beef Hot Dog on a Bun Crispy Chicken Wrap</p> <p>Baked Beans, Vegetarian Tator Tots Fresh Fruit Choice of Milk</p>
<p>7</p> <p>Cheese Pizza Turkey Deli Sub Sandwich</p> <p>Romaine Lettuce Roasted Corn Fresh Fruit Choice of Milk</p>	<p>8</p> <p>Hamburger on a Bun Turkey Deli Sub Sandwich</p> <p>French Fries Pickle Slice Fresh Fruit Choice of Milk</p>	<p>9</p> <p>Grilled Cheese Sandwich Beef Chilli Turkey Deli Sub Sandwich</p> <p>Red Peppers Fresh Fruit Choice of Milk</p>	<p>10</p> <p>HOM-Apple/Cinnamon</p>	<p>11</p>
<p>14</p> <p>Crispy Chicken Sandwich Buffalo Chicken Dip</p> <p>Potato Wedges Red Peppers Fresh Fruit Choice of Milk</p>	<p>15</p> <p>French Toast Sausage Patty Buffalo Chicken Dip</p> <p>Sweet Potato Tots Red Peppers Fresh Fruit Choice of Milk</p>	<p>16</p> <p>Chicken Pot Pie Buffalo Chicken Dip</p> <p>Baby Carrots Steamed Green Beans Fresh Fruit Choice of Milk</p>	<p>17</p> <p>United Tastes of America! BBQ Chicken Flakey Biscuit Buffalo Chicken Dip</p> <p>Baked Beans, Vegetarian Creamy Coleslaw Fresh Fruit Choice of Milk</p>	<p>18</p> <p>Cheese Bosco Stick Buffalo Chicken Dip</p> <p>Romaine Lettuce Roasted Corn Fresh Fruit Choice of Milk</p>
<p>21</p> <p>Salisbury Steak Ham Wrap Munchable</p> <p>Mashed Potatoes Steamed Green Beans Fresh Fruit Choice of Milk</p>	<p>22</p> <p>Chicken Fajitas Ham Wrap Munchable</p> <p>Black Beans Baby Carrots Fresh Fruit Choice of Milk</p>	<p>23</p> <p>Soft Beef Tacos Ham Wrap Munchable</p> <p>Refried Beans Cherry Tomato Fresh Fruit Choice of Milk</p>	<p>24</p> <p>Cheese Pizza Ham Wrap Munchable</p> <p>Romaine Lettuce Roasted Corn Fresh Fruit Choice of Milk</p>	<p>25</p> <p>Popcorn Chicken Ham Wrap Munchable</p> <p>Mashed Potatoes Roasted Corn Fresh Fruit Choice of Milk</p>
<p>28</p> <p>Beef Hot Dog on a Bun Pizza Munchable</p> <p>Baked Beans, Vegetarian Baby Carrots Fresh Fruit Choice of Milk</p>	<p>29</p> <p>Cheeseburger on a Bun Pizza Munchable</p> <p>French Fries Pickle Slice Lettuce and Tomato Fresh Fruit Choice of Milk</p>	<p>30</p> <p>Sloppy Joe on a Bun Pizza Munchable</p> <p>Kettle Potato Chips Cherry Tomato Fresh Fruit Choice of Milk</p>	<p>31</p> <p>Cheese Bosco Stick Pizza Munchable</p> <p>Romaine Lettuce Roasted Corn Sugar Cookie Fresh Fruit Choice of Milk</p>	<p>1</p>

PRICES	Regular Lunch	Free
	Extra Entrée	\$1.50
	Adult Lunch	\$5.00
EXTRA INFO	For Questions or Concerns please contact Cory Freeman at 740-259-2528 ext 2103 or cory.freeman@nwmohawks.org	



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