



Northwest Elementary Lunch

March
2023

Fresh Fruits and Vegetables Served Daily!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	This is for Food 4 Thought	1 Soft Beef Tacos Honey Mustard Ham Wrap Roasted Broccoli Baby Carrots Pineapple Tidbits 1% Milk	2 Beef Chili Grilled Cheese Sandwich Honey Mustard Ham Wrap Potato Wedges Cucumber Slices Applesauce 1% Milk	3 No School
6 Cheeseburger on a Bun NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Frito's Cherry Tomato Diced Peaches 1% Milk	7 Beef Hot Dog on a Bun NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Baked Beans Cherry Tomato Fresh Apple Sugar Cookie 1% Milk	8 General Tso's Chicken Brown Rice NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Steamed Carrots Cherry Tomato Pineapple Tidbits 1% Milk	9 Pancakes Cheese Omelet NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Potato Wedges Cherry Tomato Applesauce 1% Milk	10 Cheese Pizza NY Style Buffalo Chicken Dip w/ Flatbread Charcuterie Roasted Broccoli Cherry Tomato Diced Pears 1% Milk
13 Cheeseburger on a Bun Chef Salad Golden French Fries Baby Carrots Banana 1% Milk	14 Crispy Chicken Nuggets Whole Grain Dinner Roll Chef Salad Mashed Potatoes Baby Carrots Mixed Canned Fruit 1% Milk	15 Chicken Potstickers Chicken Fried Rice Chef Salad Steamed Carrots Baby Carrots Pineapple Tidbits 1% Milk	16 Cheese Pizza Deli Sandwich or Sub Spiced Pinto Beans Baby Carrots Mixed Canned Fruit 1% Milk	17 Crispy Chicken Sandwich Deli Sandwich or Sub Steamed Carrots Red/Orange Bell Pepper Diced Pears 1% Milk
20 Cheeseburger on a Bun Buffalo Chicken Wrap Baked Beans Red/Orange Bell Pepper Fresh Orange 1% Milk	21 Sloppy Joe on a Bun Buffalo Chicken Wrap Roasted Broccoli Red/Orange Bell Pepper Fresh Mixed Fruit 1% Milk	22 Macaroni & Cheese Whole Grain Dinner Roll Buffalo Chicken Wrap Roasted Corn Red/Orange Bell Pepper Fresh Orange 1% Milk	23 Shrimp Poppers Cheesy Garlic Toast Chicken Caesar Salad Golden French Fries Red/Orange Bell Pepper Applesauce 1% Milk	24 Cheese Bosco Stick Chicken Caesar Salad Baby Carrots Red/Orange Bell Pepper Diced Pears 1% Milk
27 Cheeseburger on a Bun Turkey BLT Wrap Golden French Fries Cherry Tomato Fresh Grapes 1% Milk	28 Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey BLT Wrap Steamed Corn Mashed Potatoes Fresh Mixed Fruit 1% Milk	29 Walking Taco Turkey BLT Wrap Refried Beans Cherry Tomato Pineapple Tidbits 1% Milk	30 Crispy Chicken Sandwich Turkey BLT Wrap Roasted Broccoli Cherry Tomato Applesauce 1% Milk	31 French Toast Sticks Sausage Patty Turkey BLT Wrap Steamed Carrots Cherry Tomato Diced Pears 1% Milk

PRICES	Regular Lunch	Free
	Extra Entrée	\$1.50
	Adult Lunch	\$4.00
EXTRA INFO	For Questions or Concerns please contact Cory Freeman at 740-259-2528 ext 2109 or cory.freeman@nwmohawks.org	



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