

# Northwest Local High School Lunch

January  
2025

Fresh Fruits and Vegetables Served Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
6 Philly Flatbread Pizza Parlor Grab N Go's  Sweet Potato Fries Celery Sticks Fruit Choice of Milk	7 Classic Cheeseburger Pizza Parlor Grab N Go's  French Fries Cucumber Ranch Salad Fruit Choice of Milk	8 General Tso's Chicken Seasoned Brown Rice Pizza Parlor Grab n Go's  California Blend Vegetable Cucumber Slices Fruit Choice of Milk	9 Queso Chicken and Spanish Rice Pizza Parlor Grab n Go's  Black Beans Tortilla Chips Salsa Fruit Choice of Milk	10 Pasta w/ Hearty Meat Sauce Garlic Toast Pizza Parlor Grab N Go's  Roasted Broccoli Cauliflower Floret Fruit Choice of Milk
13 Fish Sandwich w/Cheese Pizza Parlor Grab N Go's  French Fries Baby Carrots Fruit Choice of Milk	14 Spicy Crispy Chicken Patty Sandwich Pizza Parlor Grab n Go's  Romaine Lettuce Baby Carrots Fruit Choice of Milk	15 Chicken Potstickers Chicken Fried Rice Pizza Parlor Grab n Go's  Kung Fu Carrots Broccoli Florets Fruit Choice of Milk	16 Soft Beef Tacos Lettuce, Tomato and Cheese Pizza Parlor Grab N Go's  Salsa Spiced Pinto Beans Baby Carrots Fruit Choice of Milk	17 Toasted Cheese Sandwich Mediterranean Vegetable Soup Pizza Parlor Grab N Go's  California Blend Vegetable Baby Carrots Fruit Choice of Milk
20	21 Buffalo Chicken Wrap Pizza Parlor Grab N Go's  HOM - White Beans w/ Savory Roasted Broccoli Potato Wedges Fruit Choice of Milk	22 Crispy Chicken Tenders Whole Grain Dinner Roll Pizza Parlor Grab N Go's  Mashed Potatoes Steamed Corn Fruit Choice of Milk	23 Build your own Mac! Whole Grain Dinner Roll Pizza Parlor Grab N Go's Roasted Carrots Cauliflower Floret Fruit Choice of Milk	24 Chicken Taquito Seasoned Brown Rice Pizza Parlor Grab N Go's  Salsa Firenze Corn Salad Black Beans Fruit Choice of Milk
27 Corn Dog Pizza Parlor Grab N Go's  Kettle Potato Chips Baby Carrots Fruit Choice of Milk	28 BBQ Pulled Pork Sliders Coleslaw Pizza Parlor Grab n Go's  Roasted Corn Baby Carrots Fruit Choice of Milk	29 Crispy Chicken Patty Sandwich  Pizza Parlor Grab n Go's  Potato Wedges Baby Carrots Fruit Choice of Milk	30 Chicken Alfredo w/Pasta Garlic Breadstick Pizza Parlor Grab n Go's Romaine Lettuce Baby Carrots Fruit Choice of Milk	This is for Food 4 Thought

PRICES

Regular Lunch	Free
Extra Entree	\$1.50
Adult Lunch	\$5.00

EXTRA INFO

For questions or concerns please contact Cory Freeman at 740-259-2528 ext 2103 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH



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