

Northwest Local Middle School Lunch

February
2024

Fresh Fruits and Vegetables Served Daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Corn Dog Cheeseburger on a Bun</p> <p>Baked Beans, Vegetarian, Red/Orange Bell Pepper Fruit Milk Choice</p>	<p>2</p> <p>Cheese Bread Cheese Pizza</p> <p>Roasted Broccoli Red/Orange Bell Pepper Fruit Milk Choice</p>
<p>5</p> <p>Beef Hot Dog on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll</p> <p>Golden French Fries Baby Carrots Fruit Milk Choice</p>	<p>6</p> <p>Choice of Nachos or Tacos Chef Salad</p> <p>Lettuce, Tomato and Cheese Salsa Baby Carrots Fruit Milk Choice</p>	<p>7</p> <p>Toasted Italian Sub Crispy Chicken Sandwich</p> <p>Steamed Peas Baby Carrots Fruit Milk Choice</p>	<p>8</p> <p>Choice of Quesadilla Cheeseburger on a Bun</p> <p>Spiced Pinto Beans Baby Carrots Fruit Milk Choice</p>	<p>9</p> <p>Toasted Cheese Sandwich Tomato Soup Cheese Pizza</p> <p>California Blend Vegetable Baby Carrots Fruit Milk Choice Pickled Beets</p>
<p>12</p> <p>Popcorn Chicken Beef Meatballs</p> <p>Whole Grain Dinner Roll Mashed Potatoes Gravy Cherry Tomato Fruit Milk Choice</p>	<p>13</p> <p>Chicken Fajitas Beef Taco or Nachos</p> <p>Romaine Lettuce Cherry Tomato Fresh Pear Fruit Milk Choice</p>	<p>14</p> <p>Chicken Bacon Ranch Melt Crispy Chicken Sandwich</p> <p>California Blend Vegetable Cherry Tomato Kale Salad Fruit Valentine Cookie Milk Choice</p>	<p>15</p> <p>Pizza Bake Garlic Breadstick Cheeseburger on a Bun</p> <p>Green Beans Cherry Tomato Kiwi Milk Choice</p>	<p>16</p> <p>Chicken Taquito Firenze Corn Salad Pepperoni Pizza</p> <p>Black Beans Cherry Tomato Fruit Milk Choice</p>
<p>19 No School</p>	<p>20</p> <p>Beef Burrito Choice of Nachos or Tacos</p> <p>Refried Beans Cherry Tomato Salsa Lettuce, Tomato and Cheese Fruit Milk Choice</p>	<p>21</p> <p>Hot Dog with Sauce Sloppy Joe on a Bun</p> <p>Baked Beans, Vegetarian, Cherry Tomato Fruit Milk Choice</p>	<p>22</p> <p>Crispy Chicken Sandwich Cheeseburger on a Bun</p> <p>Golden French Fries Lettuce, Tomato, and Pickles Fruit Milk Choice</p>	<p>23</p> <p>Cheese Pizza Max Stix</p> <p>Steamed Corn Cherry Tomato Fruit Milk Choice</p>
<p>26</p> <p>Grilled Ham & Cheese Sandwich Turkey Bacon Ranch Flatbread</p> <p>Green Beans Baby Carrots Fruit Milk Choice</p>	<p>27</p> <p>Corn Dog Choice of Nachos or Tacos</p> <p>Salsa Black Beans Baby Carrots Fruit Milk Choice</p>	<p>28</p> <p>Meatloaf Whole Grain Dinner Roll Crispy Chicken Nuggets</p> <p>Mashed Potatoes Gravy Baby Carrots Fruit Milk Choice</p>	<p>29</p> <p>Cheeseburger on a Bun Ham and Cheese Flatbread</p> <p>Kung Fu Carrots Baby Carrots Fruit Milk Choice</p>	

PRICES

Regular Lunch	\$3.00
Reduced Lunch	Free
Extra Entrée	\$1.50
Adult Lunch	\$4.00

EXTRA INFO

For Questions and Concerns contact Cory Freeman at 740-259-2528 ext 2109 or cory.freeman@nwmohawks.org

HARVEST OF



THE MONTH



www.taHer.com

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