## Northwest Local Middle School Lunch

Fresh Fruits and Vegetables Served Daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
31	1	2	3	4	
	Soft Beef Tacos Chicken Fajitas Beefy Nachos Lettuce, Tomato and Cheese Refried Beans Celery Sticks Mixed Fruit Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	Orange Chicken Seasoned Brown Rice Southwest Chicken Salad  Steamed Carrots Celery Sticks Pineapple Tidbits Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	Corn Dog Hamburger Lettuce and Tomato  French Fries Baked Beans Applesauce Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	Cheese Bosco Sticks Marinara Sauce Southwest Chicken Salad  Romaine Lettuce Cherry Tomato Diced Peaches Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	
7	8 HOM - Fennel	9	10 Easter Dinner	11	
Roasted Beef Hot Dog on a Bun Sloppy Joe on a Bun French Fries Baked Beans, Vegetarian Diced Peaches Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Lasagna Roll Up Garlic Toast Turkey & Cheese Sandwich  Roasted Broccoli Celery Sticks Mixed Fruit Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Chicken Potstickers Chicken Fried Rice Chicken Sandwich  Kung Fu Carrots Cherry Tomato Pineapple Tidbits Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Oven Baked Ham Oven Roasted Turkey Mashed Potatoes Green Beans Dinner Roll Baby Carrots Applesauce Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Homemade Cheese Pizza  Turkey Deli Sandwich  California Blend Vegetable Baby Carrots Sliced Pears Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	
14	15	16	17	18	
Hearty Beef Chili Grilled Cheese Sandwich Chili Cheese Fries  Cauliflower Floret Diced Peaches Fresh Pear 1% Unflavored Milk Fat Free Chocolate Milk	Italian Stromboli  Chicken Caesar Salad  Romaine Garden Salad Roasted Carrots Mixed Fruit Fresh Pear 1% Unflavored Milk Fat Free Chocolate Milk	Crispy Chicken Nuggets Whole Grain Dinner Roll Crispy Chicken Wrap  Baked Beans, Vegetarian Cauliflower Floret Diced Pears Fresh Pear 1% Unflavored Milk Fat Free Chocolate Milk	Easter Break - No School	Easter Break - No School	
21	22	23	24	25	
Easter Break - No School	Chicken Tacos Chicken Fajitas Lettuce, Tomato and Cheese Beefy Nachos Refried Beans Baby Carrots Mixed Fruit Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	Crispy Chicken Tenders Side of Mac&Cheese Creamy Macaroni & Cheese Potato Oles Cucumber Slices Pineapple Tidbits Fresh Grapes 1% Unflavored Milk 1% Low Fat Chocolate Milk	Cheese Bread Turkey BLT Wrap  Romaine Garden Salad Baby Carrots Applesauce Fresh Grapes 1% Unflavored Milk Fat Free Chocolate Milk	Oven Fried Chicken Leg Dinner Roll Turkey BLT Wrap  Mashed Potatoes Baby Carrots Diced Pears Fresh Grapes 1% Unflavored Milk 1% Low Fat Chocolate Milk	
28	29	30	1		
Grilled Ham & Cheese Sandwich Chef Salad  Sweet Potato Tots Cucumber Slices Diced Peaches Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Chicken Sandwich Corn Dog  Baked Beans, Vegetarian Cucumber Slices Mixed Fruit Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk	Homestyle Meatloaf Crispy Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Gravy Green Beans Pineapple Tidbits Fresh Banana 1% Unflavored Milk Fat Free Chocolate Milk			

Regular Lunch Free Reduced Lunch S1.50 Adult Lunch \$4.00 RALL VIEW PROPERTY AND ADDRESS OF THE PROPERTY ADDRESS OF THE PRO

For Questions and Concerns contact Dottie Petry at 740-259-2528 Ext 2103 or Dottie.Petry@NWMohawks.org







Menus are subject to change without notice. This institution is an equal opportunity provider.